

Paoli Business Person Association Healthy Heart Days April 14-18



Be good to your heart!

Free 5-day pass*

Join us April 14-18

Come Check Us Out

- Try an exercise class
- Use our state-of-the-art wellness center
- Try a tennis class
- Take a swim
- Meet our staff



Upper Main
Line **YMCA**

REGIONAL BRANCH OF THE YMCA OF THE UPPER MAIN LINE

umly.org

1416 Berwyn-Paoli Road

Berwyn, PA 19312

610/647-YMCA

*For adults 18 and over. Other restrictions apply.

Upper Main Line YMCA Welcomes You!

*Be our guest for Paoli Business Person Association
Healthy Heart Days*

Experience YMCA membership with our 5-day gift to the community. We're opening our doors to everyone from April 14-18.

Try our wellness center and pools. Take advantage of special Healthy Heart group exercise classes. Hit tennis balls with our pros. There's plenty to do at the Upper Main Line YMCA.

We want you to Feel Great in '08. Come see what we're all about.

If you have any questions, give us a call.
Ask about PBPA Healthy Heart Days.

**THE YMCA
FEEL 08
GREAT**



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We build strong kids, strong families, strong communities.